

FAMILY CONNECTION

Honor Your Body

Our God cares about our bodies and calls us to take care of them.

As You Go

These are simple questions to ask your student as you go home from church or go about your weekly activities.

.01 WHY IS IT IMPORTANT THAT WE RESPECT OUR BODIES AND THE BODIES OF OTHERS?

.02 WHY IS IT IMPORTANT THAT FOLLOWERS OF JESUS TAKE CARE OF THEIR PHYSICAL BODIES? WHAT DOES IT LOOK LIKE TO DO SO?

Family Devotion

Consider following up with your student later in the week with the following summary and discussion questions.

Summary: Proverbs 23:17-21, 29-35

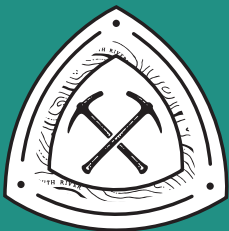
While the section of Proverbs that we will look at today primarily addresses alcohol abuse, the principles can be applied much more broadly. Whether it is alcohol or food or social media, followers of Jesus don't let things control them, because Jesus is their Lord. Today we will see that God cares for us, including our bodies—so should we.

Discussion Questions

.01 WHAT IS SOMETHING YOU ARE TEMPTED TO THINK YOU CAN'T LIVE WITHOUT? HOW CAN YOU FIGHT THE TEMPTATION TO SEEK ULTIMATE JOY IN THAT THING?

.02 HOW MIGHT WE HELP ONE ANOTHER FIGHT TEMPTATION?

Pray: Thank God for making you in His image, and pray that you would honor Him by taking care of your body and respecting the bodies of others.



Challenge your student to use the Daily Devotions provided in their Daily Discipleship Guide to study God's Word this week. These are the passages covered in this week's devotions.

- Day 1: Proverbs 27:17-18
- Day 2: Proverbs 23:19-21
- Day 3: Proverbs 23:29-32
- Day 4: Proverbs 23:33-35
- Day 5: Proverbs 24:13-14